

CHILDREN'S CLASS SCHEDULE

January - May 2026

TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
5:00 pm - 6:00 pm	5:00 pm - 6:00 pm	5:00 pm - 6:00 pm	10:00 am - 11:00 am
CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS
6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	11:00 am - 12:00 pm
CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS

INTERMEDIATE/ADULT TAIDO CLASS SCHEDULE

13+

TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
7:00 pm to 8:00 pm 13+ NEW TRYOUTS All New Students All Belt Levels COMPETITION TRN	7:00 pm to 8:00 pm 13+ NEW TRYOUTS All New Students All Belt Levels BLACK BELT TRAINING FOOTWORK TRAINING JISSEN TRAINING	7:00 pm to 8:00 pm All New Students All Belt Levels	12:00 pm to 1:00 pm 13+ NEW TRYOUTS All New Students All Belt Levels SPECIAL CLINICS TRN GYMNASTIC TRAINING