

CHILDREN'S CLASS SCHEDULE

January - May 2026

TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
5:00 pm - 6:00 pm	5:00 pm - 6:00 pm	5:00 pm - 6:00 pm	10:00 am - 11:00 am
CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS
6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	6:00 pm - 7:00 pm	11:00 am - 12:00 pm
CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above 7 - 12 NEW TRYOUTS	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS	CLASS C AGES: 7 to 12 White Belts White Belts w Stripes All Purple Belts and Above	CLASS A AGES: 4.5 to 6 White Belts White Belts w Stripes Orange Belts Orange Belts w Stripes 4.5 - 6 NEW TRYOUTS

INTERMEDIATE/ADULT TAIDO CLASS SCHEDULE

13+

TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
7:00 pm to 8:00 pm	7:00 pm to 8:00 pm	7:00 pm to 8:00 pm	12:00 pm to 1:00 pm
13+ NEW TRYOUTS	13+ NEW TRYOUTS		13+ NEW TRYOUTS
All New Students All Belt Levels	All New Students All Belt Levels BLACK BELT TRAINING	All New Students All Belt Levels	All New Students All Belt Levels
COMPETITION TRN	FOOTWORK TRAINING JISSEN TRAINING		SPECIAL CLINICS TRN GYMNASTIC TRAINING