

ADULT TAIDO PROGRAM

MONDAY

7:00 pm to 8:15 pm

ADULT

All White Belts
Free Tryouts

White with Stripes
Purple and/w Stripes
Green and/w Stripes

TUESDAY

7 pm to 7:45 pm

ADULT

Brown and/w Stripes

BLACK BELT CANDIDATES
BLACK BELTS

WEDNESDAY

7:00 pm to 8:15 pm

ADULTS

All White Belts
Free Tryouts

White with Stripes
Purple and/w Stripes
Green and/w Stripes
Brown and/w Stripes

BLACK BELT CANDIDATES
BLACK BELTS

THURSDAY

7:00 pm to 8:00 pm

ADULTS

Purple and/w Stripes
Green and/w Stripes
Brown and/w Stripes

BLACK BELT CANDIDATES
BLACK BELTS

SATURDAY

11:15 am to NOON

PRIVATE GYMNASTIC
PROGRAM

By Invitation only



SATURDAY

NOON to 12:45 pm

ADULT

All White Belts
Free Tryouts

White with Stripes
Purple and/w Stripes
Green and/w Stripes

7:45 pm to 8:30 pm

ADULT

Brown and/w Stripes

BLACK BELT CANDIDATES
BLACK BELTS

7:45 pm to 8:30 pm

ADULT

White with Stripes
Purple and/w Stripes
Green and/w Stripes
Brown and/w Stripes

12:45 pm to 1:30 pm

ADULT

Brown and/w Stripes

BLACK BELT CANDIDATES
BLACK BELTS



TAIDOAMERICA

taidoamerica.com

404 334-9558

info@taidoamerica.com